

HL 25

HEALTHY LIVING INVITATIONAL

COMPETING CLUBS

Summit - Summit Gymnastics

Horsham GC - Horsham Gymnastics Centre

RGA - Rushmoor Gymnastic Academy

Hart GC - Hart Gymnastics Club

Wantage GC - Wantage Gymnastics Centre

Poole Gymnastics - Poole Gymnastics and Trampoline Club

RMG - RiversMeet Gymnastics

PGC - Portsmouth Gymnastics Club

Tolworth GC - Tolworth Gymnastics Club

Yorkshire Gymnastics

Athena GA - Athena Gymnastics Academy

Kennylands - Kennylands Gymnastics

DYN - Dynamo School of Gymnastics

Flex GC - Flex Gymnastics Club

Alton GC - Alton Gymnastics Club

Xcel Gymnastics

BGC - Basingstoke Gymnastics Club

WalesCymru

Woking GC - Woking Gymnastics Club

SSGC - Stubbington springboard gymnastics club

Competition Information

Active Life Centre, Stephenson Rd, Basingstoke RG21 6XR

Thank you for entering the HL25 competition. This promises to be a great weekend for the gymnasts and an excellent opportunity for you to see how hard they have been working.

Please see below the order of the day.

Registration for the gymnasts will take place via the left hand side of the building, through the Aerobics Room. Spectators will need to come through the main entrance doors into the reception area.

The coaches will be at registration to take the children for warm up; this is an area for gymnasts and coaches only. If you are late and have missed the warm up, unfortunately your child will not be able to participate in HL25.

Children under 4's (on laps) = FREE / Per child (4-12) = £ 4.00 / Ticket price per adult (13+) = £8.00 Card payment preferred

There will be a designated seating area for spectators. We ask for your cooperation to stay in this area and to keep any children with you away from any of the equipment. Please make sure all electronic devices are turned onto silent to avoid distracting the gymnasts and judges.

There will be food and refreshments available on the day which can be purchased in reception. We will also have the leotard provider Quatro with us for the weekend & professional photographers from DEphoto capturing action shots.

Unfortunately, we cannot allow spectators to take videos or photos while the gymnasts are performing but you will be able to take photos during the presentation ceremony.

Car park information

During the weekend we are only reserving spaces in our car park for the Judges, Coaches and companies who are working at the competition.

Please do not park in our car park if you are not one of the above.

We will be using the following car parks for spectators.

You can find links for the videos on our FB page if you need further assistance.

APL Plastics Limited - Brunel Road, Houndmills Industrial Estate, Basingstoke RG21 6TZ

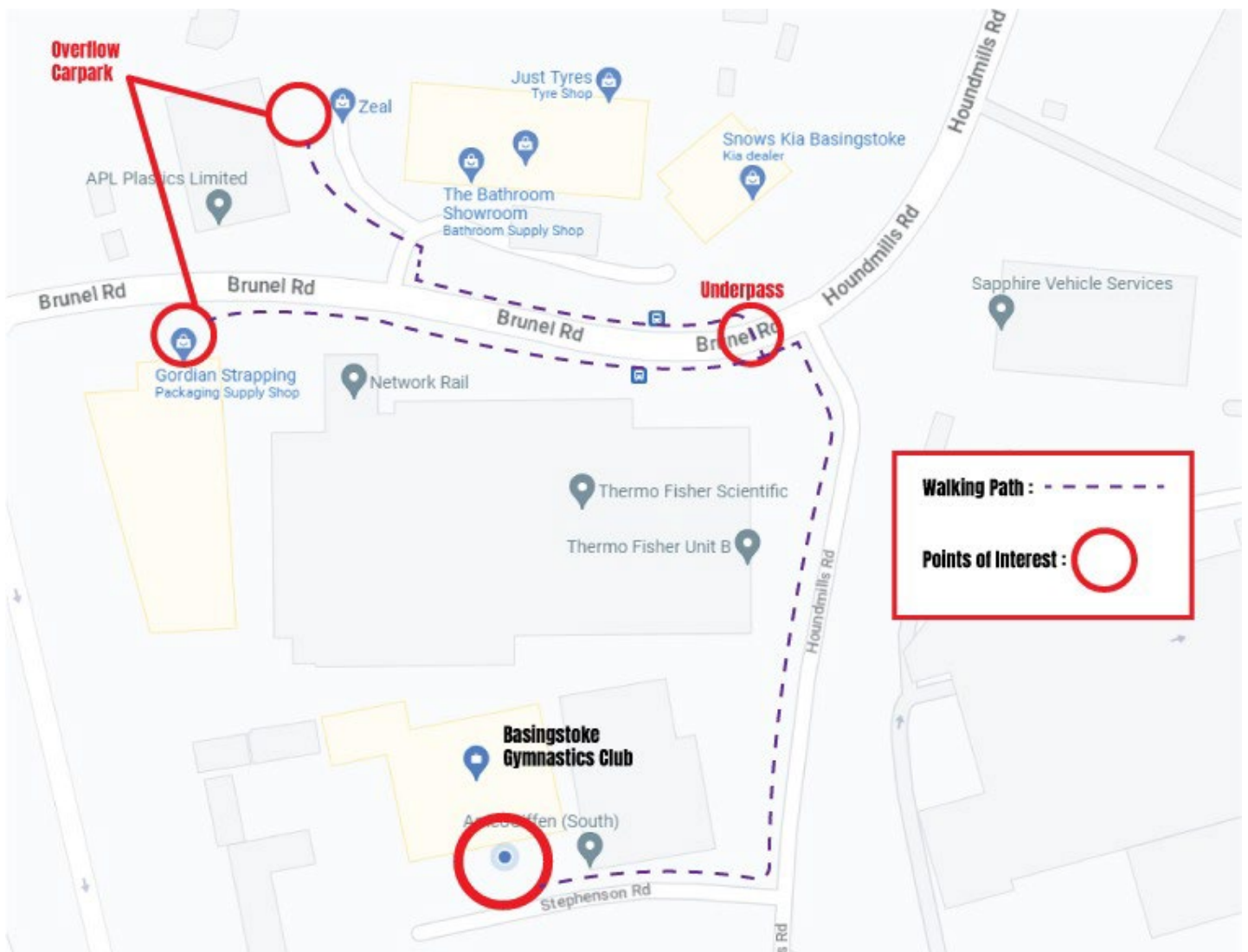
Zeal - Unit 4, The I O Centre, Brunel Rd, Basingstoke RG21 6TZ

Gordian House - Gordian House, Brunel Rd, Basingstoke RG21 6XX

On Sunday you will also be able to park on the road next to the club.

[Helpful video link 1 - https://www.youtube.com/watch?v=BBfoPM09H3Q&feature=youtu.be](https://www.youtube.com/watch?v=BBfoPM09H3Q&feature=youtu.be)

[Helpful video link 2 - https://www.youtube.com/watch?v=Gpb7WDG6zr0](https://www.youtube.com/watch?v=Gpb7WDG6zr0)



Saturday 6th of September ORDER OF THE DAY

- Round 1**
Panel A Pre-TIN 7yrs+ & FIG Dev L2-10yrs+
Panel B Tin 9yrs+, Zinc 11yrs & Competition B
- Round 2**
Panel A Zinc 8-9yrs & 12yrs
Panel B Tin 8yrs
- Round 3** Silver 12yrs+ & Gold 14yrs+, SR Pre FIG Dev 8-9yrs, FIG Dev L3

Saturday 6th of September		Round 1		Round 2		Round 3	
		Time	Note	Time	Note	Time	Note
Registration	Open	08:00	Small side Gym	12:15	Small side Gym	16:30	Small side Gym
	Closes	08:20		12:35		16:50	
General Warm up & Judging meeting	Start	08:25	10 min GU	12:40	10 min GU	16:55	10 min GU
	Finish	08:45	Main gym	12:50	Main gym	17:05	Main gym
March in & Introduction	Start	08:50	Line up in the small gym	12:50	Line up in the small gym	17:05	Line up in the small gym
	Finish	08:55		12:55		17:10	
Aparatus Warm up & Compete	Start	08:55	8 mins warm up (1 min)	12:55	8 mins warm up (1 min)	17:10	12 mins warm up (1.5 min)
	Finish	11:30		16:05		19:40	
End of Round/Line up	Start	11:30	Line up in the small gym	16:05	Line up in the small gym	19:40	Line up in the small gym
	Finish	11:35		16:10		19:45	
Presentations	Start	11:35	Main gym	16:10	Main gym	19:45	Main gym
	Finish	12:05		16:40		20:30	

A - 87785 - 35

B - 77787 - 36

A - 78777 - 36

B - 88987 - 40

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Registration for the gymnasts will take place via the left hand side of the building, through the Aerobics Room.

Spectators will need to come through the main entrance doors into the reception area.

Presentations will be after every Round

Children under 4's (on laps) - FREE / Per child (4-12) - £ 4.00 / Ticket price per adult (13+) - £8.00 Card payment preferred

Sunday 7th of September ORDER OF THE DAY

Round 4	Panel A	Copper 9-10yrs, 12yrs & Competition A
	Panel B	Bronze 10-12yrs & 13-15yrs & Open Competition 10yrs-
Round 5	Panel A	Copper 11yrs, 13yrs+ & FIG Dev L1-9yrs+
	Panel B	Zinc 10yrs & 13yrs+
Round 6	Junior Teams	Yorkshire, Dynamo & WalesCymru
	Senior Teams	Portsmouth, Dynamo, Yorkshire & Mix team (Basingstoke & Summit)

Sunday 7th of September		Round 4		Round 5		Round 6	
		Time	Note	Time	Note	Time	Note
Registration	Open	08:00	Small side Gym	12:25	Small side Gym	16:45	Small side Gym
	Closes	08:20		12:45		17:00	
General Warm up & Judging meeting	Start	08:25	10 min GU	12:50	10 min GU	17:05	10 min GU
	Finish	08:35	Main gym	13:00	Main gym	17:15	Main gym
March in & Introduction	Start	08:35	Line up in the small gym	13:00	Line up in the small gym	17:15	Line up in the small gym
	Finish	08:40		13:05		17:20	
Aparatus Warm up & Compete	Start	08:40	8 mins warm up (1 min)	13:05	8 mins warm up (1 min)	17:20	10 mins warm up (2 min)
	Finish	11:50		16:10		21:00	
End of Round/Line up	Start	11:50	Line up in the small gym	16:10	Line up in the small gym	21:00	Line up in the small gym
	Finish	11:55		16:15		21:05	
Presentations	Start	11:55	Main gym	16:15	Main gym	21:05	Main gym
	Finish	12:25		16:45		21:30	

A - 78776 - 35

A - 46877 - 32

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B - 88767 - 36

B - 78888 - 39

Registration for the gymnasts will take place via the left hand side of the building, through the Aerobics Room.

Spectators will need to come through the main entrance doors into the reception area.

Presentations will be after every Round

Children under 4's (on laps) = FREE / Per child (4-12) = £ 4.00 / Ticket price per adult (13+) = £8.00 Card payment preferred

Group rotations for both days

Round 1, 2, 4 & 5 (Panel A & B)					
GROUP	VAULT	BARS	BEAM	FLOOR	REST
A & F	1	2	3	4	5
B & G	5	1	2	3	4
C & H	4	5	1	2	3
D & I	3	4	5	1	2
E & J	2	3	4	5	1

Round 3					
GROUP	VAULT	BARS	BEAM	FLOOR	REST
A	1	2	3	4	5
B	5	1	2	3	4
C	4	5	1	2	3
D	3	4	5	1	2
E	2	3	4	5	1

Round 6				
GROUP	VAULT	BARS	BEAM	FLOOR
A	1	2	3	4
B	4	1	2	3
C	3	4	1	2
D	2	3	4	1

Saturday Round 1 (panel A)

Group A - Classic Challenge Pre-TIN-7yrs+ (starting on Vault)

No		Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
1	A	Beth Cleland	Hart GC	Pre-TIN-7yrs+						
2	A	Olivia Leeves-Ward	Hart GC	Pre-TIN-7yrs+						
3	A	Summer May	Hart GC	Pre-TIN-7yrs+						
4	A	Sylvia Scott	Hart GC	Pre-TIN-7yrs+						
5	A	Emily Jacobs	Hart GC	Pre-TIN-7yrs+						
6	A	Evie De Beaufort	Alton GC	Pre-TIN-7yrs+						
7	A	Skye Wilson	Alton GC	Pre-TIN-7yrs+						
8	A	Winter-Rose Ansell	Alton GC	Pre-TIN-7yrs+						

Group B - Classic Challenge Pre-TIN-7yrs+ (starting on Bars)

No		Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
9	A	Harper Beakhouse	Poole GTC	Pre-TIN-7yrs+						
10	A	Camila Machado Escandon	Poole GTC	Pre-TIN-7yrs+						
11	A	Lettie Purdy	Poole GTC	Pre-TIN-7yrs+						
12	A	Lexie Sheppard	Poole GTC	Pre-TIN-7yrs+						
13	A	Everly Dawson	Poole GTC	Pre-TIN-7yrs+						
14	A	Harper Piddock	Poole GTC	Pre-TIN-7yrs+						
15	A	Sarah Shaikh	Kennylands	Pre-TIN-7yrs+						

Group C - Classic Challenge Pre-TIN-7yrs+ (starting on Beam)

No		Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
16	A	Niamh Dodge	Tolworth GC	Pre-TIN-7yrs+						
17	A	Isla Stephenson	Tolworth GC	Pre-TIN-7yrs+						
18	A	Penelope Kennedy Michalos	Tolworth GC	Pre-TIN-7yrs+						
19	A	Violet Lavery	Tolworth GC	Pre-TIN-7yrs+						
20	A	Harper Hall	Xcel Gymnastics	Pre-TIN-7yrs+						
21	A	Silver Peters	Xcel Gymnastics	Pre-TIN-7yrs+						
22	A	Piper Lincoln	SSGC	Pre-TIN-7yrs+						

Group D - Classic Challenge Pre-TIN-7yrs+ (starting on Floor)

No		Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
23	A	Lexi goves	Flex GC	Pre-TIN-7yrs+						
24	A	Seren choularton	Flex GC	Pre-TIN-7yrs+						
25	A	Ella mclearnon	Flex GC	Pre-TIN-7yrs+						
26	A	Sienna harrington	Flex GC	Pre-TIN-7yrs+						
27	A	Gypsy-rose cook	Flex GC	Pre-TIN-7yrs+						
28	A	Hallie Mullan	BGC	Pre-TIN-7yrs+						
29	A	Jessie Butler	BGC	Pre-TIN-7yrs+						
30	A	Sofia Martorelli	BGC	Pre-TIN-7yrs+						

Group E - FIG Dev L2-10yrs+ (starting on Rest)

No		Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
31	A	Malini Sood	Tolworth GC	FIG Dev L2-10yrs+						
32	A	Sophia Webber	Tolworth GC	FIG Dev L2-10yrs+						
33	A	Zara Potterill	Tolworth GC	FIG Dev L2-10yrs+						
34	A	Maya Snell	Tolworth GC	FIG Dev L2-10yrs+						
35	A	Sienna Girvan	Athena GA	FIG Dev L2-10yrs+						

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Saturday Round 1 (panel B)

Group F - Classic Challenge Tin 9yrs+ & Zinc 11yrs (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
36	B Megan Platt	Alton GC	Tin 9yrs+						
37	B Chloe Gleave	Alton GC	Tin 9yrs+						
38	B Emily Green	Hart GC	Zinc 11yrs						
39	B Etta Thompson	Summit	Zinc 11yrs						
40	B Sienna Williams	Summit	Zinc 11yrs						
41	B Esme Morter	Alton GC	Zinc 11yrs						
42	B Amaiya Saunders	Alton GC	Zinc 11yrs						

Group G - Classic Challenge Tin 9yrs+ & Zinc 11yrs (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
43	B Pippa Colegate	Poole GTC	Tin 9yrs+						
44	B Scarlett Willis	Poole GTC	Tin 9yrs+						
45	B Purdy Russell	Poole GTC	Tin 9yrs+						
46	B Clara Ward	Poole GTC	Tin 9yrs+						
47	B Lada Cherskova	Poole GTC	Zinc 11yrs						
48	B Keira Thomas	Poole GTC	Zinc 11yrs						
49	B Leah Baker	Poole GTC	Zinc 11yrs						

Group H - Classic Challenge Tin 9yrs+ & Zinc 11yrs (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
50	B Amelia Ellaway	SSGC	Tin 9yrs+						
51	B Blousey Ballard	Xcel Gymnastics	Tin 9yrs+						
52	B Cara Dougherty	Xcel Gymnastics	Tin 9yrs+						
53	B Paisley Dervish	Xcel Gymnastics	Tin 9yrs+						
54	B Indie Orchard	Xcel Gymnastics	Zinc 11yrs						
55	B Georgina Cooper	Xcel Gymnastics	Zinc 11yrs						
56	B Macie Hopkins	Xcel Gymnastics	Zinc 11yrs						

Group I - Classic Challenge Tin 9yrs+, Zinc 11yrs & Competition B (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
57	B Evie pringle	Flex GC	Tin 9yrs+						
58	B Harriet stacy	Flex GC	Tin 9yrs+						
59	B Emily Watton	Flex GC	Tin 9yrs+						
60	B Ava drover	Flex GC	Tin 9yrs+						
61	B Hollie Rudkin	Flex GC	Tin 9yrs+						
62	B Robyn Papworth	BGC	Zinc 11yrs						
63	B Evie Holden	BGC	Zinc 11yrs						
64	B Bella Jenner	Flex GC	Competition B						

Group J - Classic Challenge Tin 9yrs+ & Zinc 11yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
65	B Molly Evans	Athena GA	Tin 9yrs+						
66	B Clara Bryce	DYN	Tin 9yrs+						
67	B Scarlett Dunford	DYN	Tin 9yrs+						
68	B Millie Hulme	Wantage GC	Tin 9yrs+						
69	B Tabitha Evans	Athena GA	Zinc 11yrs						
70	B Alexia Twardowska	Athena GA	Zinc 11yrs						
71	B Olivia Davies	Horsham GC	Zinc 11yrs						

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Saturday Round 2 (panel A)

Group A - Classic Challenge Zinc 8-9yrs (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
72	A	Sienna Hodgson	Horsham GC	Zinc 8-9yrs					
73	A	Roseanna McGinn	Horsham GC	Zinc 8-9yrs					
74	A	Kirsten Pitkethly	Horsham GC	Zinc 8-9yrs					
75	A	Beth Edis	BGC	Zinc 8-9yrs					
76	A	Jessica Phillips	BGC	Zinc 8-9yrs					
77	A	Leah Matthews	BGC	Zinc 8-9yrs					
78	A	Hazel-Olivia Leonard	BGC	Zinc 8-9yrs					

Group B - Classic Challenge Zinc 8-9yrs (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
79	A	Ariana Webb	Wantage GC	Zinc 8-9yrs					
80	A	Alice Newman	Xcel Gymnastics	Zinc 8-9yrs					
81	A	Esmé Reynolds	Xcel Gymnastics	Zinc 8-9yrs					
82	A	Sienna Blackman	Xcel Gymnastics	Zinc 8-9yrs					
83	A	Darcie Butt	Xcel Gymnastics	Zinc 8-9yrs					
84	A	Iyris Lawes-McCarthy	Xcel Gymnastics	Zinc 8-9yrs					
85	A	Talia Hewett	Woking GC	Zinc 8-9yrs					
86	A	Ziggy Jones-Kerr	Woking GC	Zinc 8-9yrs					

Group C - Classic Challenge Zinc 8-9yrs & Zinc 12yrs (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
87	A	Hattie Eynon	DYN	Zinc 8-9yrs					
88	A	Azaria Madhar	DYN	Zinc 8-9yrs					
89	A	Elsie Rogers	DYN	Zinc 8-9yrs					
90	A	Daisy Flye	DYN	Zinc 8-9yrs					
91	A	Brooke Brownlow	DYN	Zinc 8-9yrs					
92	A	Savannah Kavanagh	DYN	Zinc 8-9yrs					
93	A	Olivia Ohene	DYN	Zinc 12yrs					

Group D - Classic Challenge Zinc 8-9yrs & Zinc 12yrs (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
94	A	Iris armstrong	Flex GC	Zinc 8-9yrs					
95	A	Shannon McDonald	Poole GTC	Zinc 8-9yrs					
96	A	Olivia Old	Poole GTC	Zinc 8-9yrs					
97	A	Sabrina Lisle-Fenwick	RGA	Zinc 8-9yrs					
98	A	Amelia-Rae Park	Poole GTC	Zinc 12yrs					
99	A	Megan Wait	Poole GTC	Zinc 12yrs					
100	A	Ava Russell-Jones	Poole GTC	Zinc 12yrs					

Group E - Classic Challenge Zinc 12yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
101	A	Rosie Janes	Hart GC	Zinc 12yrs					
102	A	Sophie Sanderson	Hart GC	Zinc 12yrs					
103	A	Amber-Rose Terry	Hart GC	Zinc 12yrs					
104	A	Beth Snelling	Hart GC	Zinc 12yrs					
105	A	Aliza Ward	Hart GC	Zinc 12yrs					
106	A	Freya Swinton	Summit Gymnastics	Zinc 12yrs					
107	A	Summer-Rae Latter	Alton GC	Zinc 12yrs					

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Saturday Round 2 (panel B)

Group F - Classic Challenge Tin 8yrs (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
108	B Isobel Plumb	BGC	Tin 8yrs						
109	B Saffron Essink-Green	BGC	Tin 8yrs						
110	B Willow Essink-Green	BGC	Tin 8yrs						
111	B Isabel Henry	BGC	Tin 8yrs						
112	B Grace Frazer	BGC	Tin 8yrs						
113	B Tilly Thomason	BGC	Tin 8yrs						
114	B Mae Broughton	Horsham GC	Tin 8yrs						
115	B Beau Miles	Horsham GC	Tin 8yrs						

Group G - Classic Challenge Tin 8yrs (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
116	B Gretel Wright	Woking GC	Tin 8yrs						
117	B Nellie Maslin	Woking GC	Tin 8yrs						
118	B Lyla Shuttle	Woking GC	Tin 8yrs						
119	B Emily Xu	Woking GC	Tin 8yrs						
120	B Barbara Smorag	Woking GC	Tin 8yrs						
121	B Maisie Cochrane	Wantage GC	Tin 8yrs						
122	B Lottie Sayer	Wantage GC	Tin 8yrs						
123	B Arpi Rule	Wantage GC	Tin 8yrs						

Group H - Classic Challenge Tin 8yrs (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
124	B Claudia Butterworth	DYN	Tin 8yrs						
125	B Laura Freitas	DYN	Tin 8yrs						
126	B Nancy Little	DYN	Tin 8yrs						
127	B Amy Evans	Kennylands	Tin 8yrs						
128	B Autumn Walters	Kennylands	Tin 8yrs						
129	B Florence Stockdale-Powell	Xcel Gymnastics	Tin 8yrs						
130	B Ophelia Cooper	Xcel Gymnastics	Tin 8yrs						
131	B Cora Coles	Xcel Gymnastics	Tin 8yrs						
132	B Jessica Kerly	Xcel Gymnastics	Tin 8yrs						

Group I - Classic Challenge Tin 8yrs (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
133	B Penelope Puley	Tolworth GC	Tin 8yrs						
134	B Matilda Guise	Tolworth GC	Tin 8yrs						
135	B Matilde Reynal	Tolworth GC	Tin 8yrs						
136	B Chloe Monk	SSGC	Tin 8yrs						
137	B Lola Bland	SSGC	Tin 8yrs						
138	B Harper Ashton	SSGC	Tin 8yrs						
139	B Nora Down	SSGC	Tin 8yrs						
140	B Amelie Clarke	Poole GTC	Tin 8yrs						

Group J - Classic Challenge Tin 8yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
141	B Tabitha Harbon-Ellis	Alton GC	Tin 8yrs						
142	B Devon Clarke	Alton GC	Tin 8yrs						
143	B Eleanor Hurst	Alton GC	Tin 8yrs						
144	B Sophia Dearlove	Alton GC	Tin 8yrs						
145	B Corallie Saunders	Alton GC	Tin 8yrs						
146	B Solomia Smyk	Hart GC	Tin 8yrs						
147	B Chloe Honnoraty	Hart GC	Tin 8yrs						

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Saturday Round 3

Classic Challenge Silver 12yrs+ & SR Pre FIG Dev 8-9yrs (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
148	Lily Weston	Summit Gymnastics	Silver 12yrs+						
149	Sienna Neal	Summit Gymnastics	Silver-12yrs+						
150	Amanda Mehmetaj	Summit Gymnastics	Silver-12yrs+						
151	Katie Youngson	Summit Gymnastics	SR Pre FIG Dev 8-9yrs						
152	Frankie Sprules	Summit Gymnastics	SR Pre FIG Dev 8-9yrs						
153	Francesca Hayes	Summit Gymnastics	SR Pre FIG Dev 8-9yrs						

Classic Challenge Silver 12yrs+ (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
154	Harshita Jayanthi	DYN	Silver 12yrs+						
155	Hannah Buss	DYN	Silver 12yrs+						
156	Betsy Jones	DYN	Silver 12yrs+						
157	Alicia Wright	Woking GC	Silver 12yrs+						
158	Bella-Rae Cheeseman-Wheeler	Woking GC	Silver 12yrs+						
159	Amber Wharton	Kennylands	Silver 12yrs+						
160	Edie Hodges	Kennylands	Silver 12yrs+						

Classic Challenge Gold 14yrs+ & FIG Dev L3 (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
161	Niamh Clements	Athena GA	Gold 14yrs+						
162	Jessica Brown	Athena GA	FIG Dev L3						
163	Ava Uezzell	Kennylands	FIG Dev L3						
164	Amelia Caffyn	Kennylands	FIG Dev L3						

SR Pre FIG Dev 8-9yrs (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
165	Violet Morris	Horsham GC	SR Pre FIG Dev 8-9yrs						
166	Olivia Nicholl	Horsham GC	SR Pre FIG Dev 8-9yrs						
167	Bella Cooper	Kennylands	SR Pre FIG Dev 8-9yrs						
168	Hannah Thompson	Alton GC	SR Pre FIG Dev 8-9yrs						

SR Pre FIG Dev 8-9yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
169	Ellie Wood	Wantage GC	SR Pre FIG Dev 8-9yrs						
170	Martha Inns	Wantage GC	SR Pre FIG Dev 8-9yrs						
171	Aurelia Damanske	Tolworth GC	SR Pre FIG Dev 8-9yrs						
172	Keira Lethbridge	Tolworth GC	SR Pre FIG Dev 8-9yrs						
173	River Snell	Tolworth GC	SR Pre FIG Dev 8-9yrs						

Sunday Round 4 (panel A)

Classic Challenge Copper 9-10yrs & Copper 12yrs (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
174	A Lily Moss	Summit Gymnastics	Copper 9-10yrs						
175	A Freya Handley	Summit Gymnastics	Copper 9-10yrs						
176	A Felicity Andrade	RGA	Copper 9-10yrs						
177	A Ava Eldred	RGA	Copper 9-10yrs						
178	A Evelyn O'Neill	RGA	Copper 9-10yrs						
179	A Isla Gaunt	RGA	Copper 9-10yrs						
180	A Isabella Grayston	Alton GC	Copper 12yrs						

Classic Challenge Copper 9-10yrs, Copper 12yrs & Competition A (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
181	A Ella williams	Flex GC	Copper 9-10yrs						
182	A Winter chamberlain	Flex GC	Copper 9-10yrs						
183	A Ivy king	Flex GC	Copper 9-10yrs						
184	A Seren Davies	SSGC	Copper 9-10yrs						
185	A Kaia Kunapalasingam	Poole GTC	Copper 9-10yrs						
186	A Sophie Dixon	Poole GTC	Copper 12yrs						
187	A Rosie Lymn-fuller	Flex GC	Competition A						
188	A Taliyah Clarke	SSGC	Competition A						

Classic Challenge Copper 9-10yrs & Copper 12yrs (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
189	A Amelia Whiteman	Wantage GC	Copper 9-10yrs						
190	A Elizabeth Williams	Wantage GC	Copper 9-10yrs						
191	A Josie Hilton	Wantage GC	Copper 9-10yrs						
192	A Millie Sayer	Wantage GC	Copper 9-10yrs						
193	A Annie Massingham	BGC	Copper 9-10yrs						
194	A Stephanie Stalick	BGC	Copper 9-10yrs						
195	A Alice Ranger	BGC	Copper 12yrs						

Classic Challenge Copper 9-10yrs & Copper 12yrs (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
196	A Madeleine Fowler	Xcel Gymnastics	Copper 9-10yrs						
197	A Elisha Street	Xcel Gymnastics	Copper 9-10yrs						
198	A Caitlin Mattocks	Xcel Gymnastics	Copper 9-10yrs						
199	A Isabella Edgar	Woking GC	Copper 9-10yrs						
200	A Keeley Whittingham	Xcel Gymnastics	Copper 12yrs						
201	A Daisy Bennett	Xcel Gymnastics	Copper 12yrs						
202	A Ellora Jones	Xcel Gymnastics	Copper 12yrs						

Classic Challenge Copper 9-10yrs & Copper 12yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
203	A Nylah Askham	DYN	Copper 9-10yrs						
204	A Sophie Coulbert	DYN	Copper 9-10yrs						
205	A Felicity Upson	DYN	Copper 12yrs						
206	A Ellouise Ede	DYN	Copper 12yrs						
207	A Demi-Rae Vokes	DYN	Copper 12yrs						
208	A Isabelle Toy	RMG	Copper 12yrs						

A-78776-35

Sunday Round 4 (panel B)

Classic Challenge Bronze 9-12yrs & Bronze 13yrs+ (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
209	B Charlotte Longhurst	Summit Gymnastics	Bronze 9-12yrs						
210	B Ariana Bradley	Summit Gymnastics	Bronze 9-12yrs						
211	B Philippa Rooney	RGA	Bronze 9-12yrs						
212	B Florence Taylor	Alton GC	Bronze 9-12yrs						
213	B Olivia Newport	Alton GC	Bronze 13yrs+						
214	B Florence Nicholson	Alton GC	Bronze 13yrs+						
215	B Eva Pavey	Alton GC	Bronze 13yrs+						
216	B Felicity Squire	RGA	Bronze 13yrs+						

Classic Challenge Bronze 13yrs+ (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
217	B Leah Sutton	SSGC	Bronze 13yrs+						
218	B Jamie Giddings	Flex GC	Bronze 13yrs+						
219	B Ava White	Poole GTC	Bronze 13yrs+						
220	B Daisy Downs	Poole GTC	Bronze 13yrs+						
221	B Olivia Wildman	Poole GTC	Bronze 13yrs+						
222	B Elsie Brown	Poole GTC	Bronze 13yrs+						
223	B Orla Hughes	Kennylands	Bronze 13yrs+						
224	B Lillie Knights	Kennylands	Bronze 13yrs+						

Classic Challenge Bronze 9-12yrs & Bronze 13yrs+ (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
225	B Eve Trompeter	BGC	Bronze 9-12yrs						
226	B Inez Lewington	BGC	Bronze 9-12yrs						
227	B Lilly Kimber	DYN	Bronze 13yrs+						
228	B Amelia Harvey-Guttridge	DYN	Bronze 13yrs+						
229	B Jessica Ley	DYN	Bronze 13yrs+						
230	B Jessica Bailey	DYN	Bronze 13yrs+						
231	B Esther Draper	DYN	Bronze 13yrs+						

Classic Challenge Bronze 9-12yrs & Open Competition 10yrs+ (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
232	B Sofia Valente	Woking GC	Bronze 9-12yrs						
233	B Amelia Wilmshurst-Clark	Woking GC	Bronze 9-12yrs						
234	B Holly Earl	Horsham GC	Bronze 13yrs+						
235	B Ava Brewster	Horsham GC	Bronze 13yrs+						
236	B Anya Gohil	Xcel Gymnastics	Bronze 9-12yrs						
237	B Isabelle Berners	Xcel Gymnastics	Open Competition						

Classic Challenge Bronze 9-12yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
238	B Alaska Cowdery	DYN	Bronze 9-12yrs						
239	B Rosie Jastrzebski	DYN	Bronze 9-12yrs						
240	B Madeleine Cooper	DYN	Bronze 9-12yrs						
241	B Thea Le Brocq	DYN	Bronze 9-12yrs						
242	B Florence Tiley	DYN	Bronze 9-12yrs						
243	B Kallie Jones	DYN	Bronze 9-12yrs						
244	B Brielle Watson	Athena GC	Bronze 9-12yrs						

B-88767-36

Sunday Round 5 (panel A)
FIG Dev L1-9yrs+ (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
245	A Ayla Nakdi	Tolworth GC	FIG Dev L1-9yrs+						
246	A Larisa Fernandez	Tolworth GC	FIG Dev L1-9yrs+						
247	A Bella Taylor	Alton GC	FIG Dev L1-9yrs+						
248	A Isla Williams	Xcel Gymnastics	FIG Dev L1-9yrs+						

Classic Challenge Copper 11yrs & Copper 13yrs+ (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
249	A Sophie Youngson	Summit Gymnastics	Copper 11yrs						
250	A Ava Burley	Poole GTC	Copper 11yrs						
251	A Nicole Blacker	Summit Gymnastics	Copper 13yrs+						
252	A Evangeline Godfrey	Poole GTC	Copper 13yrs+						
253	A Hannah Dumbrava	Poole GTC	Copper 13yrs+						
254	A Seren Williams	SSGC	Copper 13yrs+						

Classic Challenge Copper 11yrs & Copper 13yrs+ (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
255	A Darcy Rawson	Kennylands	Copper 11yrs						
256	A Melia Drummond	Kennylands	Copper 11yrs						
257	A Sophie Ball	RGA	Copper 11yrs						
258	A Lea Matthews	RGA	Copper 11yrs						
259	A Ezme Gunawardena	RGA	Copper 11yrs						
260	A Hollie Mackin	Kennylands	Copper 13yrs+						
261	A Jess Jones	Kennylands	Copper 13yrs+						
262	A Naomi Haines	Kennylands	Copper 13yrs+						

Classic Challenge Copper 11yrs (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
263	A Isla Rabbetts	Xcel Gymnastics	Copper 11yrs						
264	A Frankie Hopkins	Xcel Gymnastics	Copper 11yrs						
265	A Dahlia Muqsith	BGC	Copper 11yrs						
266	A Eliza Barsby	BGC	Copper 11yrs						
267	A Anaiya Buckley Smith	BGC	Copper 11yrs						
268	A Roxanne Brown	BGC	Copper 11yrs						
269	A Holly Bond	BGC	Copper 11yrs						

Classic Challenge Copper 11yrs & Copper 13yrs+ (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
270	A Gabriella Majewska	DYN	Copper 11yrs						
271	A Phoebe Read-Jones	DYN	Copper 11yrs						
272	A Lyla Jelf	DYN	Copper 13yrs+						
273	A Ava Powell	DYN	Copper 13yrs+						
274	A Lillian Smith	DYN	Copper 13yrs+						
275	A Amilya Clarke	Horsham GC	Copper 13yrs+						
276	A Isla McLauchlan	Horsham GC	Copper 13yrs+						

A-46877-32

Sunday Round 5 (panel B)

Classic Challenge Zinc 10yrs & Zinc 13yrs+ (starting on Vault)

No	Gymnast name	Club	Categories	VAULT	BARS	BEAM	FLOOR	REST	TOTAL
277	B Phoebe Benson Baso	Alton GC	Zinc 10yrs						
278	B Jazmyn-Rose Latter	Alton GC	Zinc 10yrs						
279	B Bethany Anderson	Alton GC	Zinc 10yrs						
280	B Rosie McDougall	Hart GC	Zinc 10yrs						
281	B Katie Sivers	Hart GC	Zinc 13yrs+						
282	B Daisy Gorrie	Hart GC	Zinc 13yrs+						
283	B India Beswick	Hart GC	Zinc 13yrs+						

Classic Challenge Zinc 10yrs (starting on Bars)

No	Gymnast name	Club	Categories	BARS	BEAM	FLOOR	REST	VAULT	TOTAL
284	B Ava Broomfield	Poole GTC	Zinc 10yrs						
285	B Chloe Eden	Poole GTC	Zinc 10yrs						
286	B Mileena Hart	Poole GTC	Zinc 10yrs						
287	B Maja Gluchowska	Poole GTC	Zinc 10yrs						
288	B Ella-Rose McAdam	Poole GTC	Zinc 10yrs						
289	B Ellie Mann	Poole GTC	Zinc 10yrs						
290	B Karina Nazarenko	Poole GTC	Zinc 10yrs						
291	B Maya Cole	Poole GTC	Zinc 10yrs						

Classic Challenge Zinc 10yrs & Zinc 13yrs+ (starting on Beam)

No	Gymnast name	Club	Categories	BEAM	FLOOR	REST	VAULT	BARS	TOTAL
292	B Erum Ullah	Kennylands	Zinc 10yrs						
293	B Madi Lewendon	Kennylands	Zinc 10yrs						
294	B Sophia Cottrell	Wantage GC	Zinc 10yrs						
295	B Hazel Collins	RGA	Zinc 10yrs						
296	B Ayla Monaghan	RGA	Zinc 10yrs						
297	B Felicity Farrell-Gray	RGA	Zinc 10yrs						
298	B Abigail Ling	RGA	Zinc 13yrs+						
299	B Zoe Matthews	RGA	Zinc 13yrs+						

Classic Challenge Zinc 10yrs & Zinc 13yrs+ (starting on Floor)

No	Gymnast name	Club	Categories	FLOOR	FLOOR	VAULT	BARS	REST	TOTAL
300	B Eleanor Blake	Xcel Gymnastics	Zinc 10yrs						
301	B Naia Silvester-Marina	Xcel Gymnastics	Zinc 10yrs						
302	B Adelaide Willis	Xcel Gymnastics	Zinc 10yrs						
303	B Poppy Addis	BGC	Zinc 10yrs						
304	B Grace Acfield	BGC	Zinc 10yrs						
305	B Freya Jeffery	Poole GTC	Zinc 13yrs+						
306	B Imogen Bailey	Poole GTC	Zinc 13yrs+						
307	B Kirsty Dench	Poole GTC	Zinc 13yrs+						

Classic Challenge Zinc 10yrs (starting on Rest)

No	Gymnast name	Club	Categories	REST	VAULT	BARS	BEAM	FLOOR	TOTAL
308	B Josie Dodd	Horsham GC	Zinc 10yrs						
309	B Rosalind Conley	Horsham GC	Zinc 10yrs						
310	B Darcey Puttock-Tinch	Horsham GC	Zinc 10yrs						
311	B Ella Harbour	Horsham GC	Zinc 10yrs						
312	B Phoebee Hartley	DYN	Zinc 10yrs						
313	B Paloma Reynolds	DYN	Zinc 10yrs						
314	B Julia Kowel Tenczynska	RMG	Zinc 10yrs						
315	B Millie Bettiss	RMG	Zinc 10yrs						

Sunday Round 6

Senior Team Dynamo & Junior Team Dynamo

No	Gymnast name	Club & Team	Categories	VAULT	BARS	BEAM	FLOOR	TOTAL
316	Chaia Rubenstein	Senior Team Dynamo	Junior 14-15yrs					
317	Isha Weil		Junior 14-15yrs					
318	Emily Burke		Senior 16yrs+					
319	Lucy Glasspool		Senior 16yrs+					
320	Emma Glasspool		Senior 16yrs+					
321	Iysla Goode	Junior Team Dynamo	Aspire 12-13yrs					
322	Lexie-Mae Little		Aspire 12-13yrs					
323	Hadeya Nazari		Aspire 12-13yrs					
324	Sophie Read-Jones		Junior 14-15yrs					
325	Eloise Worwood		Junior 14-15yrs					

Senior Team Portsmouth & Junior Team Wales

No	Gymnast name	Club & Team	Categories	BARS	BEAM	FLOOR	VAULT	TOTAL
326	Isla Stead	Senior Team Portsmouth	Aspire 12-13yrs					
327	Matilda Rogers		Junior 14-15yrs					
328	Jadesola Olayemi		Junior 14-15yrs					
329	Jemima Guiela		Senior 16yrs+					
330	Gymnast 1	Junior Team Wales	Junior 14-15yrs					
331	Gymnast 2		Junior 14-15yrs					
332	Gymnast 3		Junior 14-15yrs					
333	Gymnast 4		Junior 14-15yrs					
334	Gymnast 5		Junior 14-15yrs					

Senior Team Yorkshire & Junior Team Yorkshire

No	Gymnast name	Club & Team	Categories	BEAM	FLOOR	VAULT	BARS	TOTAL
335	Nina Deery	Senior Team Yorkshire	Senior 16yrs+					
336	Louise Akers		Senior 16yrs+					
337	Matilda Peacock		Senior 16yrs+					
338	Jessica Rogers		Senior 16yrs+					
339	Jessica Burton		Senior 16yrs+					
340	Evie Ibbeton	Junior Team Yorkshire	Junior 14-15yrs					
341	Elise Heald		Junior 14-15yrs					
342	Habeba Zenah Hassan		Aspire 12-13yrs					
343	Lola Barson		Junior 14-15yrs					
344	Millie-Rae Icton		Aspire 12-13yrs					

Senior Mix Team Basingstoke & Summit

No	Gymnast name	Club & Team	Categories	FLOOR	VAULT	BARS	BEAM	TOTAL
345	Emma Elvegaard Riise	Senior Mix Team Basingstoke & Summit	Senior 16yrs+					
346	Ella Crook		Junior 14-15yrs					
347	Paloma Van Ingen		Junior 14-15yrs					
348	Fiona Karlsson		Junior 14-15yrs					
349	Demi Hagan		Senior 16yrs+					

Sponsors



Aria Climate Systems are proud associates of Basingstoke Gymnastics 'Healthy Living Invitational' competition; which encourages us all to wake our awareness of healthy living and mindfulness of environmental issues; whilst appreciating healthy, competitive gymnastics. Many studies have proven that buildings that suffer with poor air quality can irritate the eyes, nose, and throat, cause shortness of breath, aggravate asthma and other respiratory conditions, and affect the heart and cardiovascular system of its occupants.

Aria: is an Air conditioning and ventilation specialist serving the south of England, that offer bespoke solutions to any of your heating, cooling, or ventilation requirements, be it a new installation or service & Maintenance of existing equipment. We are accredited installers for Daikin, Mitsubishi Electric and Samsung Air source heat pumps, heat recovery VRF / VRV systems or split type heat pump air conditioning systems; we can offer up to 7years warranty on any new equipment installed.

[Please contact 0118 327 1900](tel:01183271900) or info@arialtd.co.uk - we'd be pleased to help.

[For more information Click here](#)

GYMNOVA

We are happy to announce that Gymnova will continue to be in partnership for Healthy Living 2025. They are a top company that provides quality gymnastics equipment across the world and has worked alongside all types of gymnastics starting from local competitions all the way up to the Olympic Games.

[For website Click here](#)

Sponsors



Healthy Living and Basingstoke Gymnastics Club has been supported by Fyffes from the beginning and will have their continued help for HL 2025. They have been a vital supporter in providing healthy fruit for our Gymnasts, Judges and Audience. It is the Healthy Living invitational after all!



Basingstoke College of Technology have generously provided us with prizes for our raffle including the following.

Complimentary meal for four at the BCOT restaurant (including two bottles of house wine)

Complimentary Massage and Facial at the Evolve Salon

Complimentary Cut and Blow Dry at the Evolve Salon

Complimentary Manicure and Pedicure at the Evolve Salon



Gymnastic Planet

We are pleased to share that Gymnastic Planet are sponsoring us for a second time here at Healthy Living.

Gymnastic Planet is a leading company who supplies gymnastics equipment to some of the biggest clubs across Europe, providing quality equipment for all your gymnastic needs.

UK manufacturer and distributor of largest choice of gymnastic handguards, chalk and gymnastic equipment.

They have generously provided a discount code for you to use on their website.

Enter HL25 into the discount code box before checkout to get a 5% discount. This is live now!

[For website Click here.](#)

Available at the Competition days

Cartwheel Café

Our cartwheel Café will be open all day selling refreshments and healthy snacks
with easy recipes you can try at home yourselves.



DE Photo & social media

[BG Photography Policy - Effective from 11 March 2020 please Click here.](#)

[An official photographer will be present on the day to take photos of the gymnasts. For more information, please Click](#)

[The club may also take photos/videos for their social media pages. This will be done by the Floor manager.](#)

[Email the event organiser \(Anton Angelski-anton.angelski@basingstokegym.co.uk\) prior to the event if you do not want](#)



Quatro-Exclusive partner

Quatro Gymnastics was launched in the UK in 2011 by Joanna Vazquez who recognised an opportunity for a new, exciting and innovative company to enter into the world of competitive and gymnastics apparel. Quatro is now a global leader in gymnastics apparel. At Quatro we aim to empower athletes in gymnastics, and we understand that there is strength in diversity. Quatro is dedicated to making sure athletes from all backgrounds have the opportunity to look and feel their best while training in the highest quality apparel. Quatro leotards are designed, tested, and manufactured to the highest standards. We fulfil our commitment to ensuring that each leotard is developed with comfort, styling and performance in mind, giving each athlete the additional reassurance that comes from knowing you have a quality technical garment that is wedgie resistant and comfortable during your performance.

[For more information, please Click here.](#)